Building User Interfaces

Designing for Accessibility

Professor Yuhang Zhao

What we will learn today?

- What is accessibility?
- Accessible design
- Assistive technologies

What is accessibility?

Definitions

Usability: The effectiveness, efficiency, and satisfaction with which a specified set of users can achieve a specified set of tasks in a particular environment. — ISO 9241-11

Accessibility: The usability of a product, service, environment, or facility by people with the widest range of capabilities. — ISO 9241-20

From Accessibility to Disability

Accessibility is the extent to which an interactive product is accessible by as many people as possible.

The primary focus of accessible design is making systems accessible to individuals with *disabilities*.

Disability¹

Definition: A *disability* is any condition of the body or mind (impairment) that makes it more difficult for the person with the condition to do certain activities (activity limitation) and interact with the world around them (participation restrictions).

Disability can change over time with age or recovery, and the severity of the impact of disability can change over time. Fewer than 20% are born with a disability, although 80% of people will have a disability once they reach 85.

 1 CDC

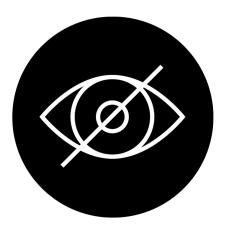
Three Dimensions of Disability²

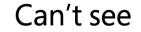
- 1. **Impairment** in a person's body structure or function, or mental functioning (e.g., loss of a limb, loss of vision, or memory loss)
- 2. Limitation in activities (e.g., difficulty seeing, hearing, walking, or problem solving)
- 3. **Restrictions in participation** in activities of daily living (e.g., working, engaging in social and recreational activities, and obtaining health care)

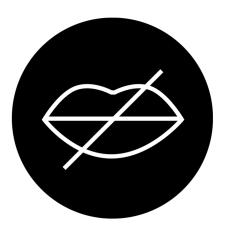
² Source: World Health Organization

Types of Impairment: Anatomical³

- 1. Sensory impairment
- 2. Physical impairment
- 3. Cognitive impairment







Can't speak



Can't hear



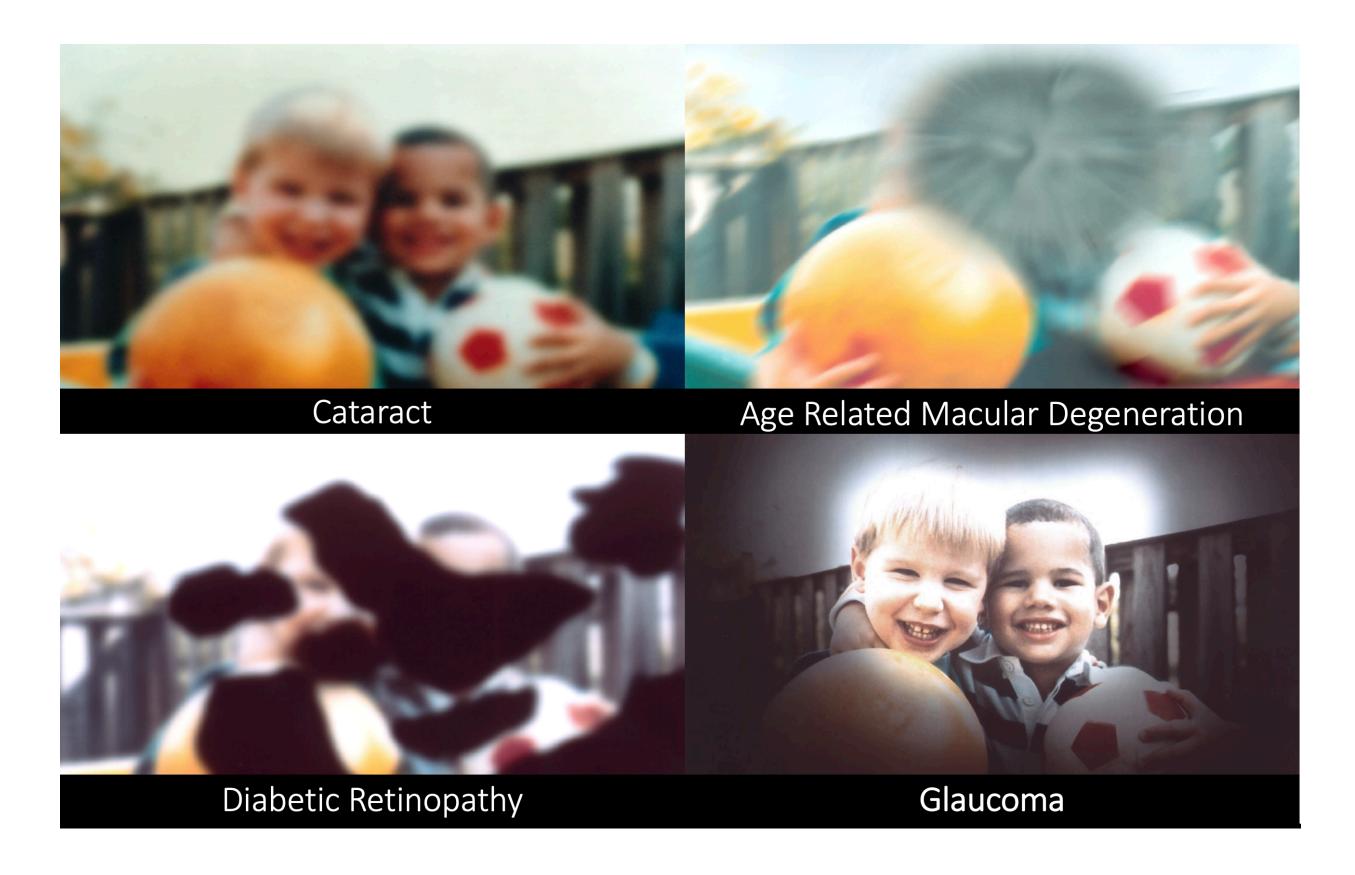
Can't touch

³ Image source: <u>Microsoft Inclusive Design Toolkit</u>

[©] Building User Interfaces | Professor Zhao | Lecture 18: Designing for Accessibility

Sensory Impairment

Involves impairment in one or more senses, such as loss of vision or hearing.



Physical Impairment

Involves loss of function to one or more parts of the body, e.g., congenitally or after stroke or spinal-cord injury.

Cognitive Impairment

Includes cognitive deficits, such as learning impairment or loss of memory/cognitive function due to aging or conditions such as Alzheimer's disease.

Common Impairments

- Visual
- Motor/Mobility
- Auditory
- Seizures
- Learning

Visual Disabilities

Definition: Impairments in vision, including low vision, blindness, and color blindness.

Motor/Mobility

Definition: Muscular or skeletal impairments in the hands or arms that affect user input as well as impairments that affect mobility, where users are in a wheelchair or bedridden, and thus the context of use.

Auditory

Definition: Deficits that affect hearing at different levels of severity, including deafness.

Seizures

Definition: Neurological impairments, such as photosensitive epilepsy, that result in sensitivity to light, motion, and flickering on screen, which might trigger seizures.

Cognitive/Learning

Definition: Congenital, developmental, and traumatic (e.g., traumatic brain injury) conditions that result in cognitive or learning challenges.

Variability⁴

Impairments can vary in severity or structure depending on the source and nature of the impairment.

Severity: Children with cerebral palsy can have basic mobility or completely depend on a caretaker.

Structure: Vision impairments can include color blindness, peripheral-only vision, no light perception

GMFCS expanded and revised between 6th and 12th birthday: descriptors and illustrations





GMFCS level I

Children walk at home, school, outdoors and in the community. They can climb stairs without the use of a railing. Children perform gross motor skills such as running and jumping, but speed, balance and coordination are limited.





GMFCS level II

Children walk in most settings and climb stairs holding onto a railing. They may experience difficulty walking long distances and balancing on uneven terrain, inclines, in crowded areas or confined spaces. Children may walk with physical assistance, a hand-held mobility device or use wheeled mobility over long distances. Children have only minimal ability to perform gross motor skills such as running and jumping.





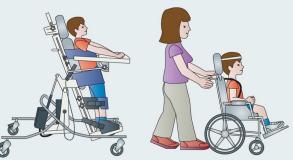
GMFCS level III

Children walk using a hand-held mobility device in most indoor settings. They may climb stairs holding onto a railing with supervision or assistance. Children use wheeled mobility when travelling long distances and may self-propel for shorter distances.



GMFCS level IV

Children use methods of mobility that require physical assistance or powered mobility in most settings. They may walk for short distances at home with physical assistance or use powered mobility or a body support walker when positioned. At school, outdoors and in the community children are transported in a manual wheelchair or use powered mobility.



GMFCS level V

Children are transported in a manual wheelchair in all settings. Children are limited in their ability to maintain antigravity head and trunk postures and control leg and arm movements.

⁴ Image source

Types of Impairment: Temporal

- 1. Permanent impairment
- 2. Temporary impairment
- 3. Situational impairment

Permanent Impairment⁵

Congenital or long-term conditions, such as color blindness, missing body parts, etc.

⁵ Image source: <u>Microsoft Inclusive Design Toolkit</u>

Situational Permanent Temporary Touch Arm injury New parent One arm See Blind Distracted driver Cataract Hear Ear infection Bartender Deaf Speak Non-verbal Laryngitis Heavy accent

[©] Building User Interfaces | Professor Zhao | Lecture 18: Designing for Accessibility

Temporary Impairment⁶

Impairments that improve over time, such as recovery after illness or accidents, e.g., a broken arm.

	Permanent	Temporary	Situational
Touch	One arm	Arm injury	New parent
See	Blind	Cataract	Distracted driver
Hear	Deaf	Ear infection	»E)(r Bartender
Speak	Non-verbal	Laryngitis	Heavy accent
			<u>-</u>

⁶ Image source: Microsoft Inclusive Design Toolkit

[©] Building User Interfaces | Professor Zhao | Lecture 18: Designing for Accessibility

Situational Impairment⁷

Impairments introduced by context, such as environments with low light or noise.

Situational Permanent Temporary Touch Arm injury New parent One arm See Blind Distracted driver Cataract Hear Ear infection Bartender Deaf Speak Non-verbal Laryngitis Heavy accent

⁷Image source: <u>Microsoft Inclusive Design Toolkit</u>

[©] Building User Interfaces | Professor Zhao | Lecture 18: Designing for Accessibility

How do we achieve accessibility?

Two ways to address accessibility problems:

- 1. Accessible design
- 2. Assistive technologies

Accessible Design

Medical Model of Disability

Disability as personal attribute

In the context of health experience, a disability is any restriction or lack of ability (resulting from an impairment) to perform an activity in the manner or within the range considered normal for a human being.

Social Model of Disability

Disability as context dependent

Disability is not just a health problem. It is a complex phenomenon, reflecting the interaction between features of a person's body and features of the society in which he or she lives.

Social Model *:

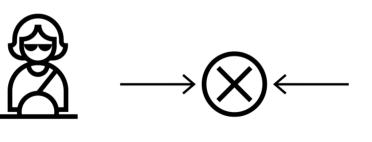
People are disabled by barriers in society, not by their impairment or difference.

^{*} Shakespeare, Tom. "The social model of disability." The disability studies reader 2 (2006): 197-204.

Mismatch between Abilities and Environment⁸

Context-dependent disability results from a mismatch between abilities and the environment:

Ability + Context = Disability

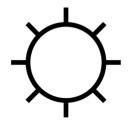


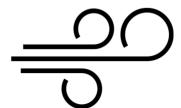


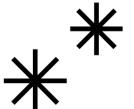
Can't type

Can't hear

Human+ enviroment







Glare from sun

Windy

Cold

Human+ object







Left-handed user

Narrow door

Tall shelf

⁸ Image source: <u>Microsoft Inclusive Design Toolkit</u>

Between humans

[©] Building User Interfaces | Professor Zhao | Lecture 18: Designing for Accessibility

Universal Design⁹

Definition: The design of products and environments to be usable by all people, to the greatest extent possible, without the need for adaptation or specialized design.

⁹ Ron Mace, 1996

The Main Premise of Universal Design¹⁰

Design solutions that benefit some individuals may benefit the whole society. E.g., in the US, only 26K people are suffer loss of upper extremities. Designs that would benefit these 26K would also benefit another 21M people with temporary or situational disabilities.



Total: 21M+

¹⁰ Image source: Microsoft Inclusive Design Toolkit

An Example: Closed Captioning¹¹

Although closed captioning was originally developed for individuals with hearing impairments, they now also benefit reading in noisy environments and learning to read.

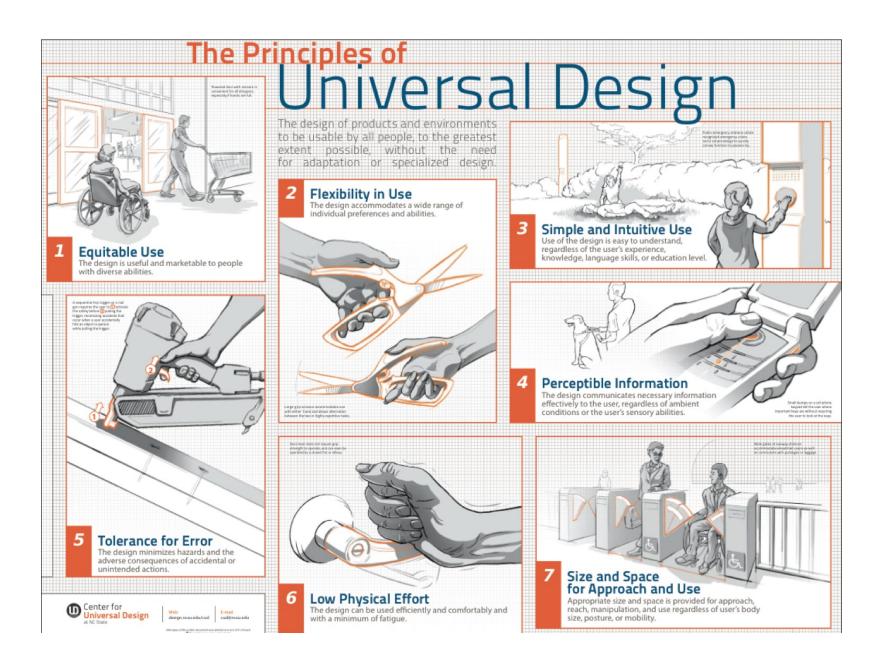


Teaching a child to read

¹¹ Image source: Microsoft Inclusive Design Toolkit

Principles of Universal Design

- 1. Equitable use
- 2. Flexibility in use
- 3. Simple and intuitive use
- 4. Perceptible information
- 5. Tolerance for error
- 6. Low physical effort
- 7. Size and space for approach and use

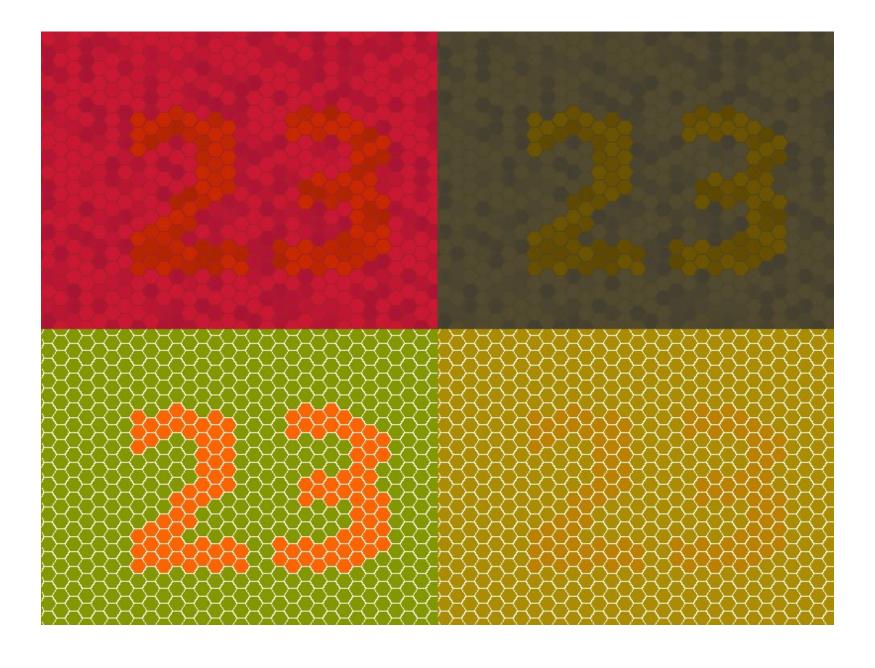


¹² Image source: <u>Interaction Design Foundation</u>

Principle 1: Equitable use

The design is useful and marketable to people with diverse abilities.

- 1. Provide the same means of use for all users: identical whenever possible; equivalent when not.
- 2. Avoid segregating or stigmatizing any users.
- 3. Provisions for privacy, security, and safety should be equally available to all users.
- 4. Make the design appealing to all users.

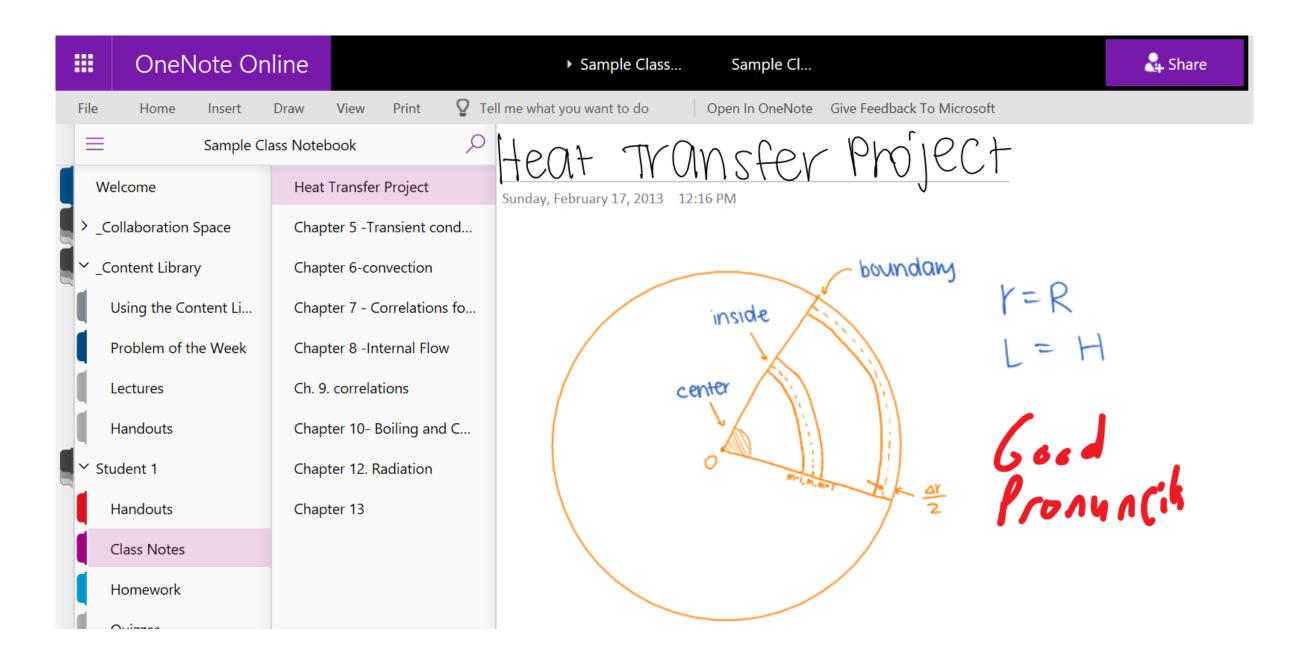


¹³ Example source: <u>Interaction Design Foundation</u>; Image source: Johannes Ahlmann

Principle 2: Flexibility in Use

The design accommodates a wide range of individual preferences and abilities.

- 1. Provide choice in methods of use.
- 2. Accommodate right- or left-handed access and use.
- 3. Facilitate the user's accuracy and precision.
- 4. Provide adaptability to the user's pace.

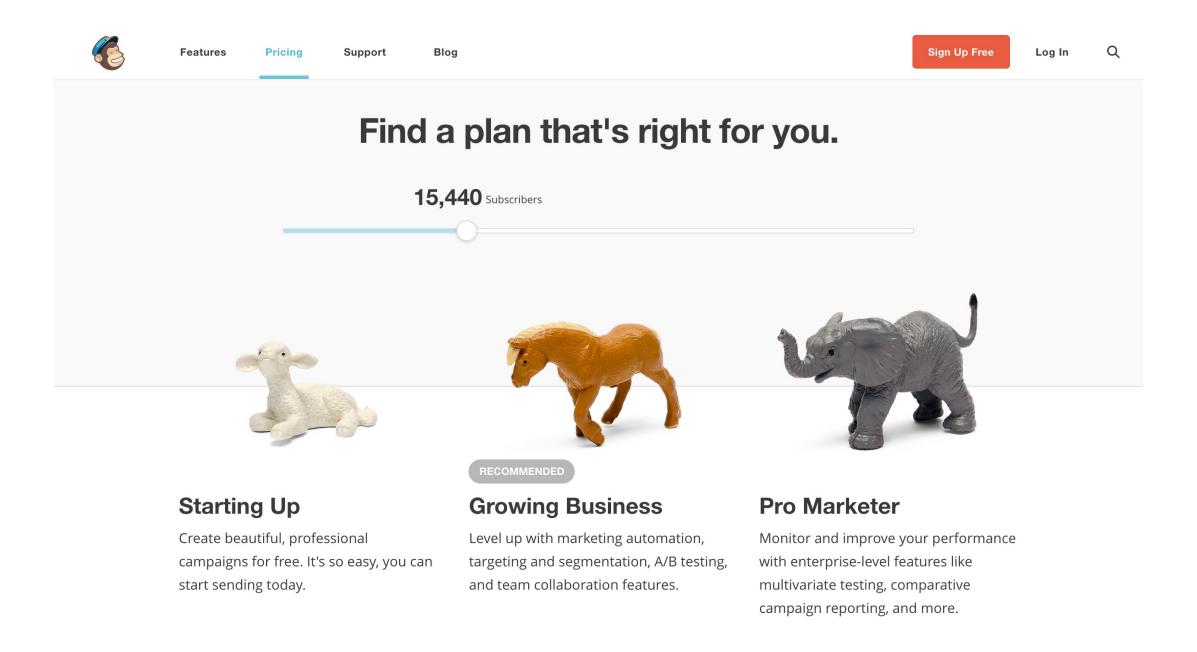


¹⁴ Image source

Principle 3: Simple and Intuitive Use

Use of the design is easy to understand, regardless of the user's experience, knowledge, language skills, or current concentration level.

- 1. Eliminate unnecessary complexity.
- 2. Be consistent with user expectations and intuition.
- 3. Accommodate a wide range of literacy and language skills.
- 4. Arrange information consistent with its importance.
- 5. Provide effective prompting and feedback during and after task completion.

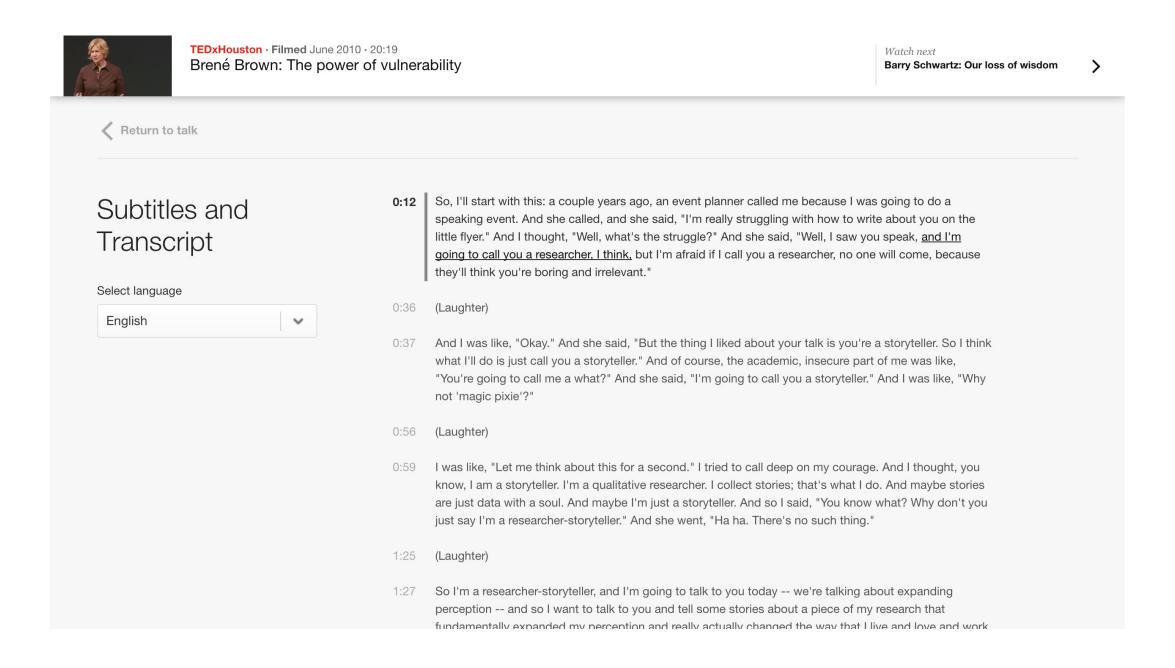


¹⁵ Example source: <u>Interaction Design Foundation</u>

Principle 4: Perceptible Information

The design communicates necessary information effectively to the user, regardless of ambient conditions or the user's sensory abilities.

- 1. Use different modes (pictorial, verbal, tactile) for redundant presentation of essential information.
- 2. Provide adequate contrast between essential information & surroundings.
- 3. Maximize "legibility" of essential information
- 4. Differentiate elements in ways that can be described (i.e., make it easy to give instructions or directions).
- 5. Provide compatibility with a variety of techniques or devices used by people with sensory limitations.

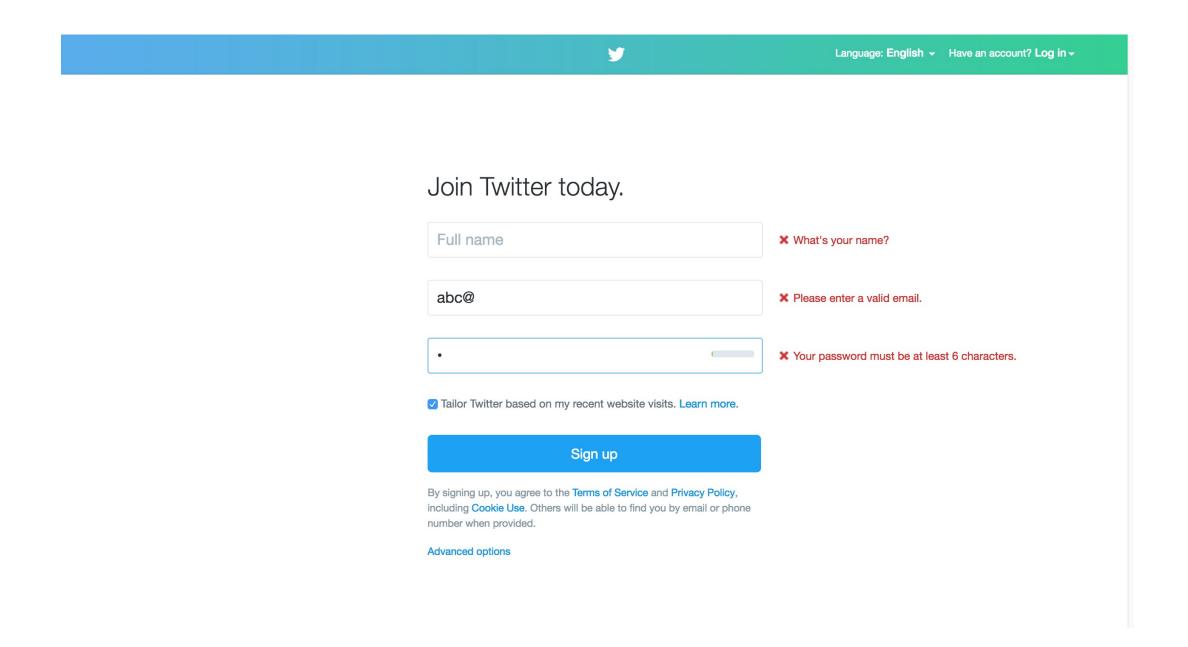


¹⁶ Image source: Interaction Design Foundation

Principle 5: Tolerance for Error

The design minimizes hazards and the adverse consequences of accidental or unintended actions.

- 1. Arrange elements to minimize hazards and errors: most used elements, most accessible; hazardous elements eliminated, isolated, or shielded.
- 2. Provide warnings of hazards and errors.
- 3. Provide fail safe features.
- 4. Discourage unconscious action in tasks that require vigilance.

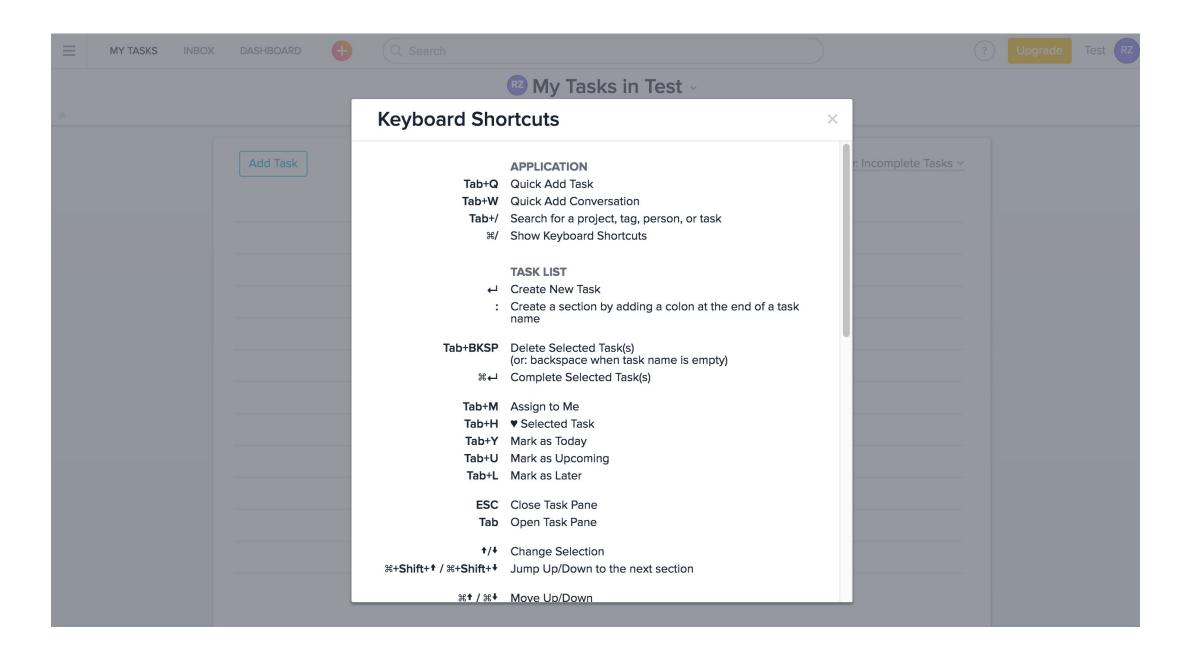


¹⁷ Image source: <u>Interaction Design Foundation</u>

Principle 6: Low Physical Effort

The design can be used efficiently and comfortably and with a minimum of fatigue.

- 1. Allow user to maintain a neutral body position.
- 2. Use reasonable operating forces.
- 3. Minimize repetitive actions.
- 4. Minimize sustained physical effort.



¹⁸ Image source: <u>Interaction Design Foundation</u>

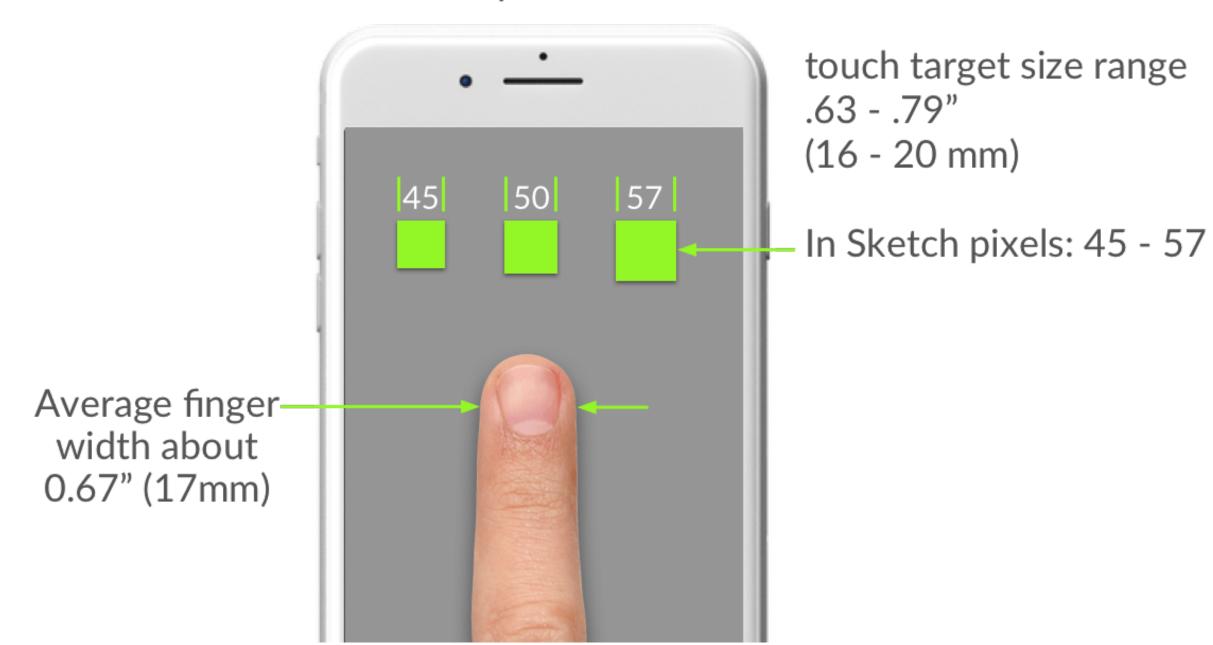
Principle 7: Size and Space for Approach and Use

Appropriate size and space is provided for approach, reach, manipulation, and use regardless of user's body size, posture, or mobility.

- 1. Provide a clear line of sight to important elements for any seated or standing user.
- 2. Make reach to all components comfortable for any seated or standing user.
- 3. Accommodate variations in hand and grip size.
- 4. Provide adequate space for the use of assistive devices or personal assistance.¹⁹

¹⁹ Image source on next slide

iPhone 8 375 x 667 pixel screen size



Assistive Technologies

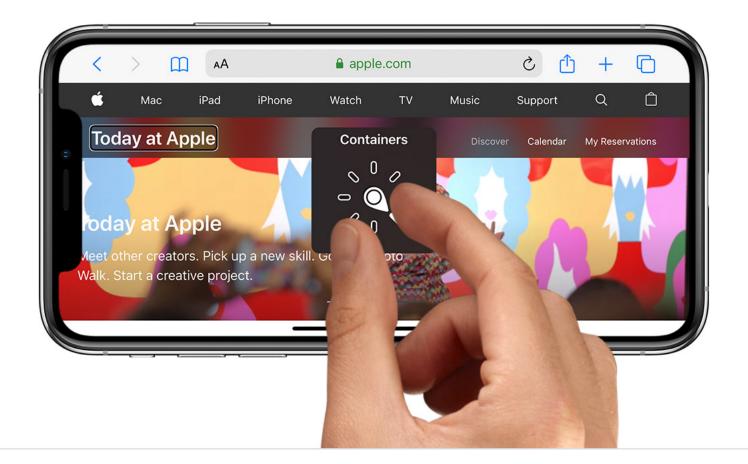
What are assistive technologies?

Definition: Specialized tools that close accessibility gaps.

Screen Readers²⁰

Definition: Software used by individuals with vision impairments to read screen content.

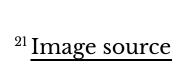
- JAWS for Windows
- VoiceOver for MacOS, iOS
- NVDA



²⁰ Image source

Screen Magnification²¹

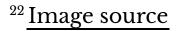
Definition: Enlarges text or graphics on screens to improve visibility of content for individuals with limited vision.





Text Readers²²

Definition: Tools that read out loud text on screens to support vision and learning disabilities.





Braille for the Web²³

Definition: A mechanical device that translates textual content on the screen into Braille.



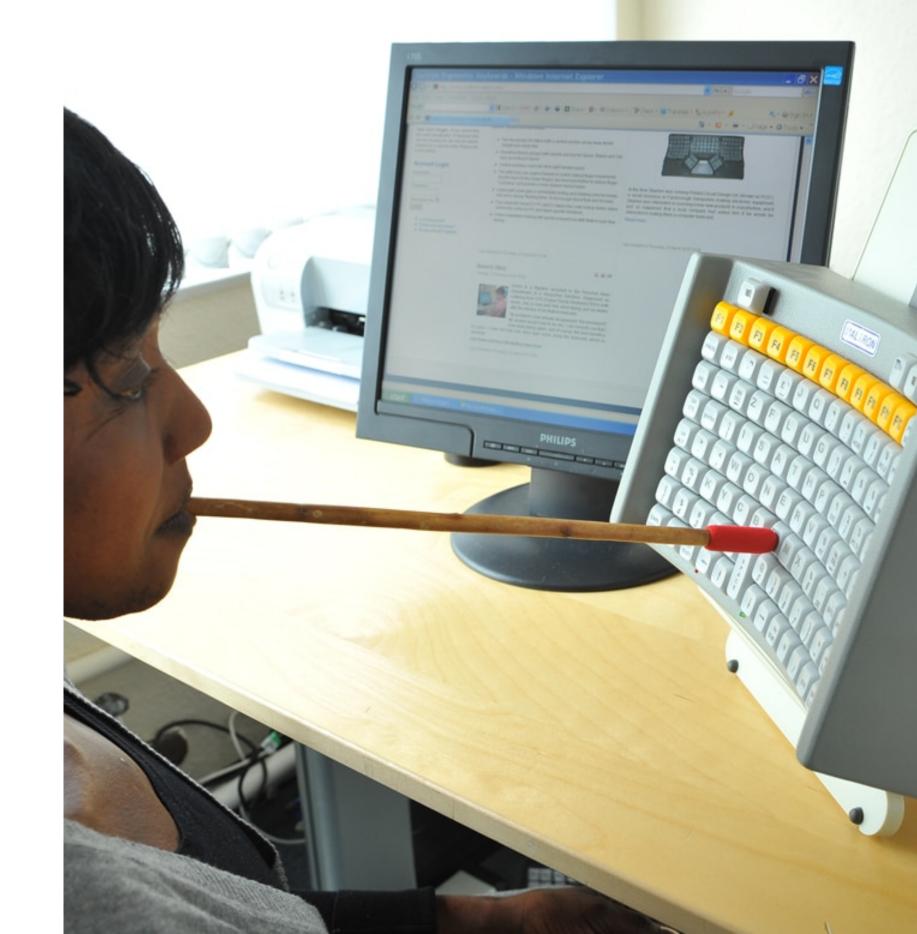
²³ Image source

Alternative Input Devices

Definition: Specialized tools that help individuals with motor impairments who cannot use a mouse or keyboard with pointing.

- Head/mouth wands/pointers
- Motion/eye tracking
- Single-switch (e.g., sip-and-puff)
- Speech input

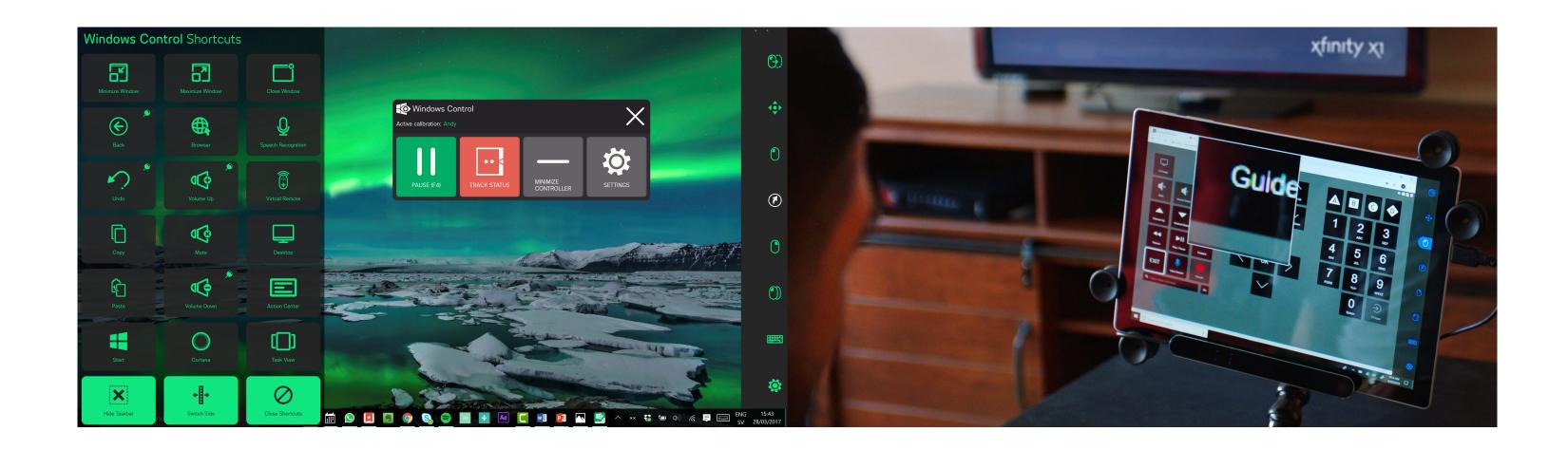
Head/mouth wands/pointers²⁴



© Building User Interfaces | Professor Zhao | Lecture 18: Designing for Accessibility

²⁴ Image source

Motion/eye tracking²⁵



²⁵ Image source: <u>left</u>, <u>right</u>

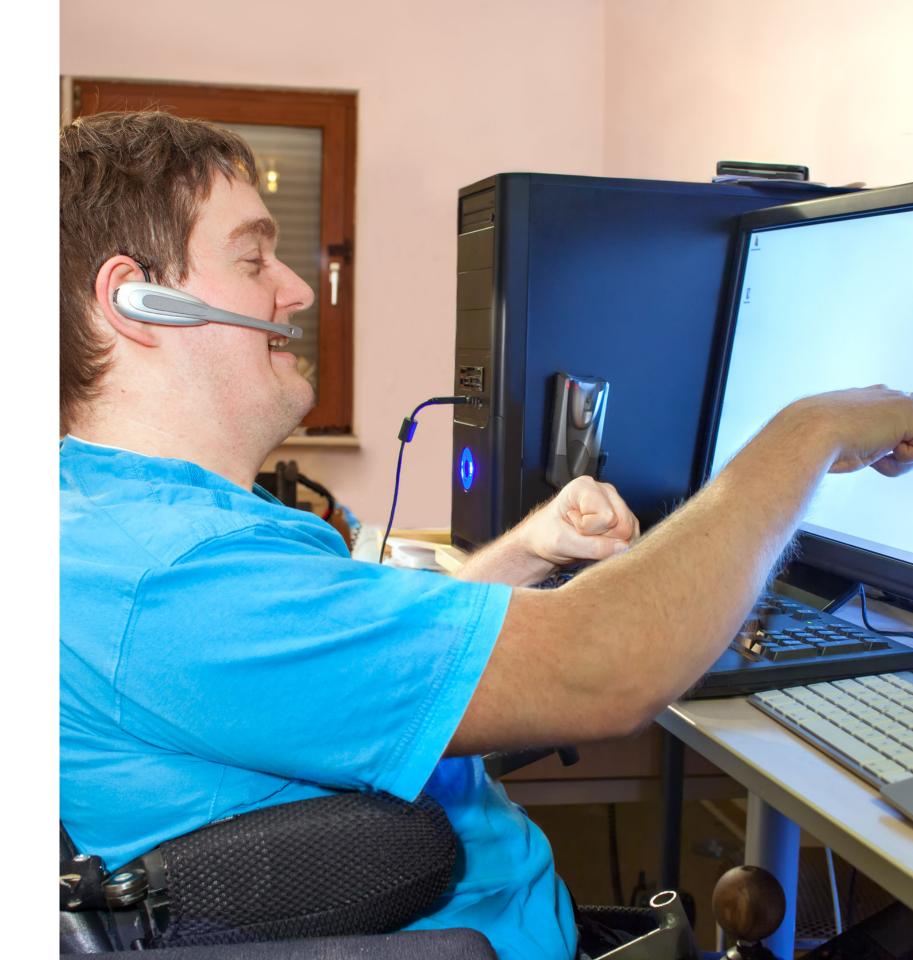
Single-switch (e.g., sip-and-puff)²⁶



© Building User Interfaces | Professor Zhao | Lecture 18: Designing for Accessibility

²⁶ Image source

Speech input²⁷



© Building User Interfaces | Professor Zhao | Lecture 18: Designing for Accessibility

²⁷ Image source

Alternative & Augmentative Communication²⁸

Definition: Tools that help individuals who are unable to use verbal speech to communicate.



²⁸ Image source



Accessibility Testing Tools

- WAVE—evaluates the overall level of accessibility for any given website.
- Color Oracle displays your site's colors in a manner similar to how a user with color blindness would see the page.
- Image Analyzer examines website images and tests their compliance with accessibility standards.

In-class Activity

Try out an assistive technology:

- 1. Task 1: Put a new iPhone in the shopping cart on the Apple site.
- 2. Task 2: Write a new email to your friend.

Report on an observation (e.g., an issue you encounter, a misunderstanding you might have, or a principle you identify on how the accessibility feature works).

What did we learn today?

- What is accessibility?
- Accessible design
- Assistive technologies